# Unlocking the Full Potential of Financial Wellness Benefits



Morgan Stanley



# Speakers



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# Agenda

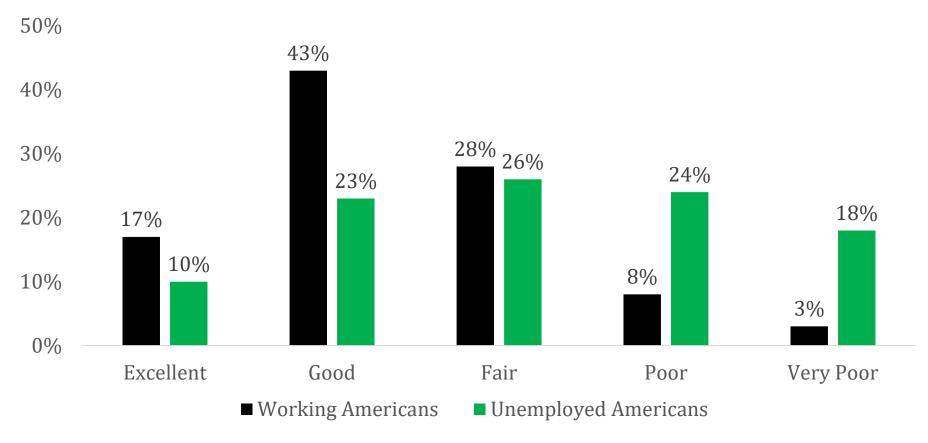
- **01** Understanding Financial Wellness
- Financial Wellness Offerings & Benefits
- **03** Impact For Employers
- **04** Impact For Employees
- Understanding TMRS, Social Security, and 457 deferred compensation
- **06** Appendix

# Understanding Financial Wellness

# What is financial well-being?

- ✓ Control over day-to-day, month-to-month finances
- ✓ The capacity to absorb a financial shock
- ✓ Being on track to meet your financial goals
- ✓ The financial freedom to make the choices that allow you to live your life

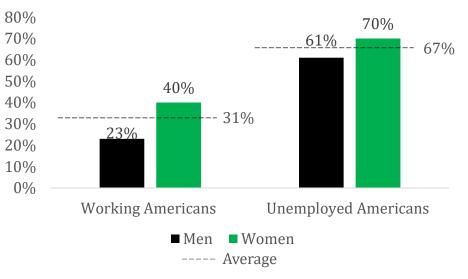
# How Americans View their Financial Well-Being



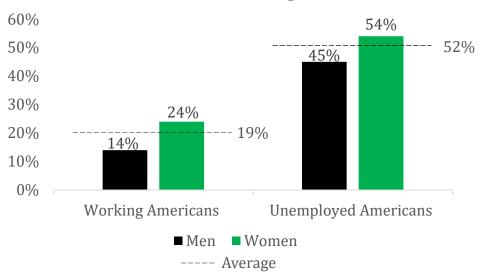
Source: *Unlocking the Full Potential of Financial Wellness Benefits Report, SHRM and Morgan Stanley at Work, 2021* <a href="https://www.shrm.org/hr-today/trends-and-forecasting/research-and-surveys/pages/unlocking-the-full-potential-of-financial-wellness-">https://www.shrm.org/hr-today/trends-and-forecasting/research-and-surveys/pages/unlocking-the-full-potential-of-financial-wellness-

# Financial Well-Being and Mental Health

#### Finance-related Anxiety

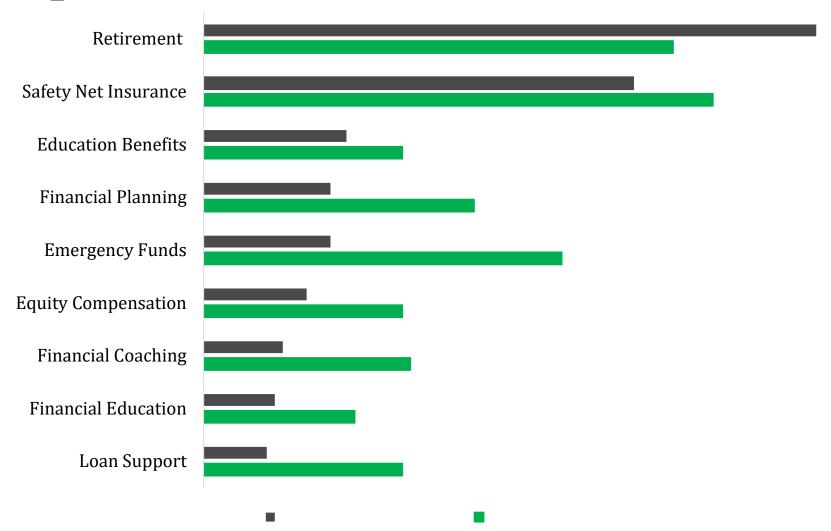


#### Finance-related Depression



# Financial Wellness Offerings & Benefits

# Most important benefits



Source: *Unlocking the Full Potential of Financial Wellness Benefits Report, SHRM and Morgan Stanley at Work, 2021* <a href="https://www.shrm.org/hr-today/trends-and-forecasting/research-and-surveys/pages/unlocking-the-full-potential-of-financial-wellness-pages/unlocking-the-full-potential-of-financial-wellness-pages/unlocking-the-full-potential-of-financial-wellness-pages/unlocking-the-full-potential-of-financial-wellness-pages/unlocking-the-full-potential-of-financial-wellness-pages/unlocking-the-full-potential-of-financial-wellness-pages/unlocking-the-full-potential-of-financial-wellness-pages/unlocking-the-full-potential-of-financial-wellness-pages/unlocking-the-full-potential-of-financial-wellness-pages/unlocking-the-full-potential-of-financial-wellness-pages/unlocking-the-full-potential-of-financial-wellness-pages/unlocking-the-full-potential-of-financial-wellness-pages/unlocking-the-full-potential-of-financial-wellness-pages/unlocking-the-full-potential-of-financial-wellness-pages/unlocking-the-full-potential-of-financial-wellness-pages/unlocking-the-full-pages/unlocking-t

# Most Common Financial Wellness Offerings



Retirement (95% of organizations offer)



Safety net insurance (89%)



Education benefits (45%)



Financial planning (35%)



Financial coaching (24%)

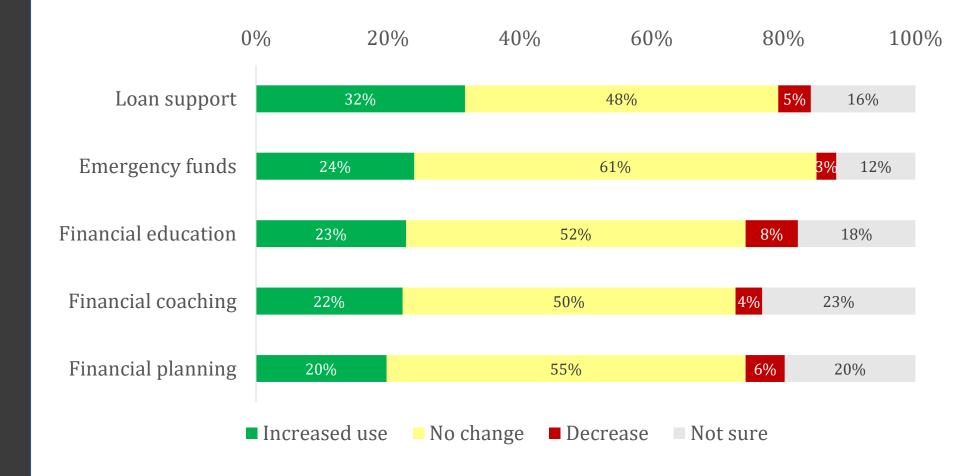
#### More common in...

Extra-large organizations (73%) Publicly traded for-profit organizations (65%)

Extra-large organizations (47%) Publicly traded for-profit organizations

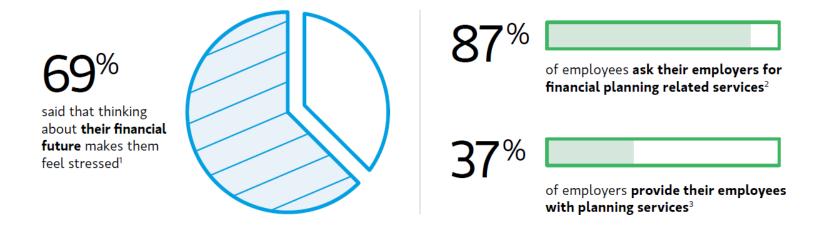
Extra-large organizations (40%) Publicly traded for-profit organizations (36%)

# Financial Wellness Offerings and COVID-19

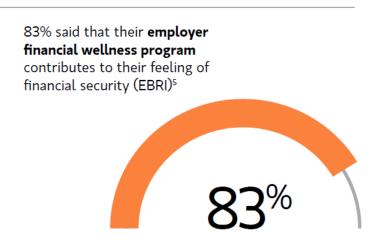




# What are the top forces that can drain an employee's energy and attention?



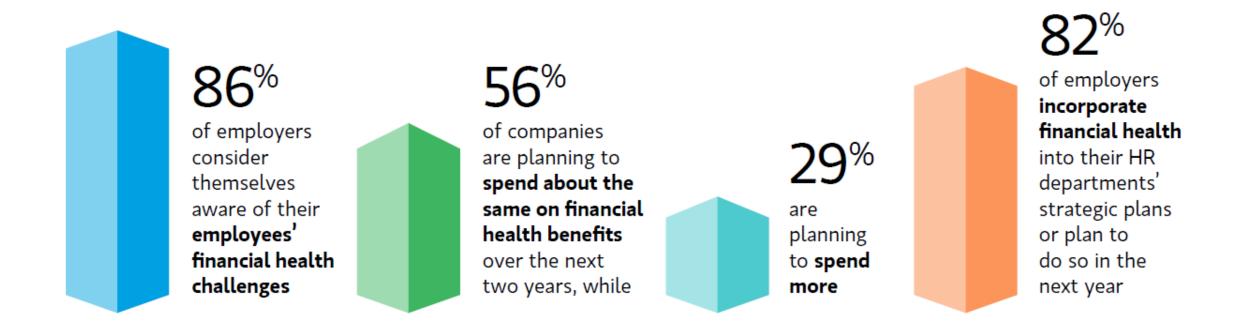




<sup>1</sup> Better for Employees, Better for Business: The Case for Employers to Invest in Employee Financial Health, Financial Health Network, 2018... 2 Morgan Stanley/NASPP 2020 Financial Wellness Study

<sup>3</sup> Source: Knowing Better, Doing Better: HR Executives' Perspectives on Employee Financial Health, Financial Health Network, October 2020
4 Alight Solutions 2021 Employee Wellbeing Mindset Study "https://alight.com/getmedia/841a0407-5c7f-4826-85aa-ff65ab96a1b2/Employee\_Wellbeing\_Mindset\_study\_2021\_05426.pdf" 5 Employee Benefit Research Institute (EBRI) 2020 Workplace Wellness Survey

# Employers are responding to their employees' call for Financial Wellness



Source: Better for Employees, Better for Business: The Case for Employees to Invest in Employee Financial Health, Financial Health Network, 2018. Data comes from a survey of 1,000 U.S. workers employed full-time for companies with more than 500 employees. The survey was conducted on behalf of Financial Health Network in November and December 2018 by Greenwald & Associates, with strategic contributions and financial support from Morgan Stanley.

# When Employees Thrive, Employers Thrive Too



# What Prevents Your Firm from Thriving?

We Surveyed 1,000 Full-Time Employees of Mid-Sized to Large US Companies and Found

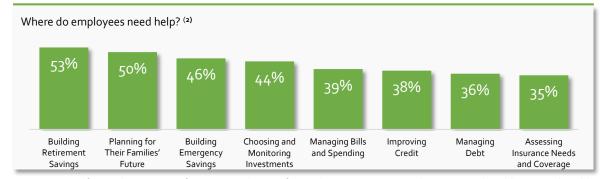
#### **Employees at All Income Levels Are Financially Stressed**



#### Financial Stress Impacts Productivity (3)



#### **Employees Have Diverse Financial Needs**



#### Employees Are Looking to Their Employers for Holistic Solutions (4)

<b>74</b> <sup>%</sup>	Say it's important for an employer to offer financial wellness benefits
6o <sup>%</sup>	Say they would be more likely to stay at a job that provided useful financial wellness programs

Source: Better for Employees, Better for Business: The Case for Employers to Invest in Employee Financial Health, Financial Health Network, 2018. Data comes from a survey of 1,000 U.S. workers employed full-time for companies with more than 500 employees. The survey was conducted on behalf of Financial Health Network in November and December 2018 by Greenwald & Associates, with strategic contributions and financial support from Morgan Stanley.

- 1. Answered "an extreme amount", "a great deal" or "a fair amount of stress"
- 2. Answered "A great deal or some help"
- 3. Answered "Very often, often, or sometimes"
- 4. Answered "Strongly agree or slightly agree"

# What Now for Employers?



 $\ensuremath{Assess}$  – understand the financial needs of your workforce.



**Strategize** – develop a strategy and identify goals and objectives.



 $Plan\,$  – set a budget and decide which benefits/programs fit within the budget.



 $Personalize \ {\it -} \ {\it adopt a tailored approach}. \ There is no \ one-size-fits-all \ solution.$ 



 $Communicate \ {\it -} \ {\it adopt a compelling communication strategy}.$ 



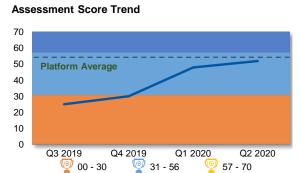
 $Review\,$  – adopt an iterative process. Continuously track and evaluate benefits/programs.

### Sample Financial Wellness Dashboard

Financial Wellness Program Results - Q3 2020

#### **OVERALL FINANCIAL WELLNESS**





#### PROGRAM ENGAGEMENT

Financial Wellness E	ngagement	
Q3 Visits	2,342	
YTD Visits	10,223	Q3 Journeys Completed:
% Returning	44%	385
Q3 Assessments	851	YTD Journeys Completed:
YTD Assessments	1,115	823
% Assessed	15%	

#### **OVERALL INSIGHTS**

27%	feel unprepared for retirement	38%	do not contribute to company-sponsored retirement plans
62%	do not have a financial plan put in place to help achieve their goals	65%	are not familiar with different types of investment products
70%	are stressed about their finances	74%	Currently, have some form of debt

#### **USER JOURNEY ENGAGEMENT**

	Journey		Assigned	Engaged	Completed
	1	Paying Down Debt	100%	95%	75%
rneys	2	Retirement: Getting to the Max	80%	82%	66%
Top-5 Journeys	3	Creating & Keeping a Budget	77%	78%	60%
	4	Planning your Finances	84%	66%	55%
	5	Paying off Student Loans	55%	42%	48%

#### **ONLINE CONTENT: TOP RESOURCES & TOOLS**

То	p-5 Articles
1	Retirement: What are your needs?
2	How to Build a Budget
3	Consolidating Student Loans
4	Understanding Your 401(k) Plan
5	Do-it-Yourself Mutual Fund Investing
То	p Tools / Calculators
1	How much will I need for retirement?
2	How much should I save for my goal?
3	How much am I spending?
4	What is impact of increasing 401k contributions?

FINANCIAL EDUCATION & PLANNING (TO DATE)

4 Seminars 635 Attendees 9 Webinars 851 Attendees 31 Q3 Financial Plans 107
YTD Financial Plans

For Illustrative Purposes Only.



# **Employee Wellness Journey**

Your Employees Have the Option to Measure Their Financial Fitness and be Matched with Personalized Journeys



Start by asking questions to better understand who your employee is, how they feel about their finances and what's important to them.



#### **OUTCOME**



Financial Wellness medals will guide the employee on the strength of their financial fitness followed by showcasing personalized journeys that are specific to their financial needs.



#### **ACTION**



Each journey will provide your employees with steps to complete, with the goal to help improve their financial wellbeing.

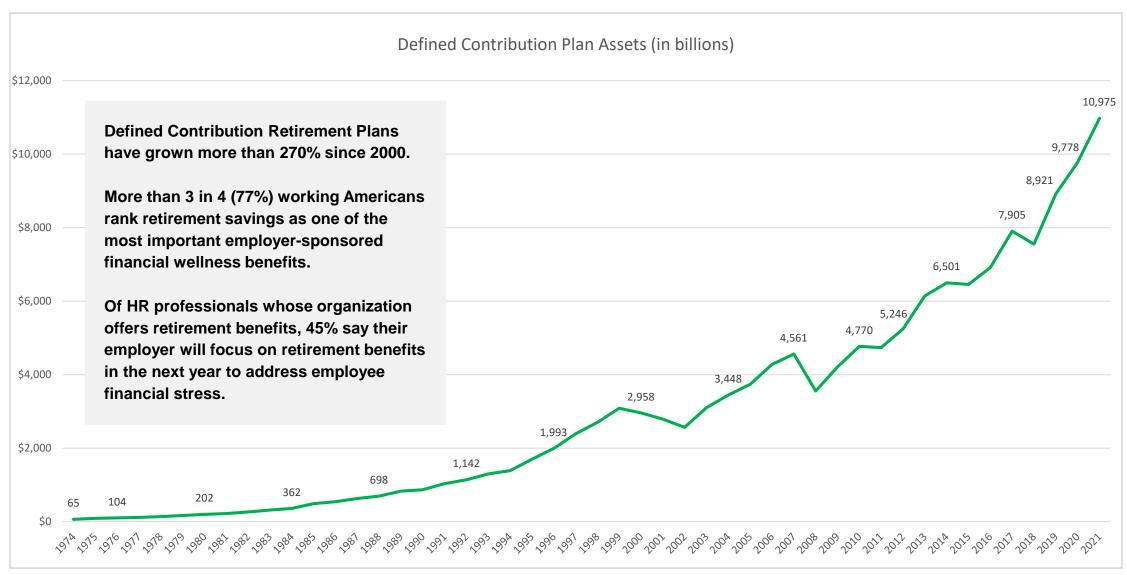


# Understanding TMRS, Social Security, and 457 deferred compensation

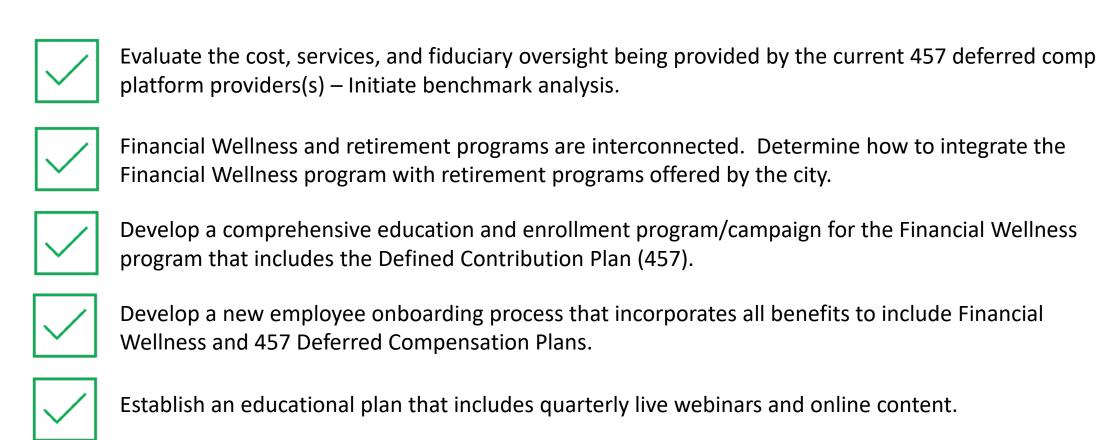
# Questions employees should ask themselves:

- If I need to replace 85% of my pre-retirement income to maintain my current lifestyle, how will I get there?
- How much should I expect to receive from my TMRS, Fire or Police Pension?
- i How much should I expect to receive from Social Security?
- How much do I need to contribute to my 457 Deferred Compensation Plan to fill the gap?

### Retirement Plan Trends



### Next steps for the HR Department



### Resources

Please scan the QR code to access the full research report.



research.shrm.org/fwb



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# **Contact Us**



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# **Primary Data Sample**

**1,000**U.S. Workers

1,000
Unemployed
Americans

1,205
HR Professionals

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